

INGREDIENTS: Almonds, cashews, chicory root fiber, honey, palm kernel oil, sugar, glucose syrup, rice flour, unsweetened chocolate, cocoa powder, soy lecithin, madagascar vanilla, salt, peppermint extract, natural flavor, peppermint leaves, cocoa butter, peppermint oil.

Allergen Information: Contains almonds, cashews and soy. Made in a facility that processes peanuts, tree nuts and sesame seeds.

May contain nut shell fragments.

**50% less sugar per bar than the average nutrition bar. This bar has 5g sugar; the average nutrition bar has 12g sugar.*

Nutrition Facts

Serving size
1 bar (40g)

Calories
per serving **200**

Amount/Serving	% Daily Value	Amount/Serving	% Daily Value
Total Fat 15g	19%	Total Carb. 17g	6%
Sat. Fat 3.5g	18%	Fiber 6g	21%
Trans Fat 0g		Total Sugars 5g	
Polyunsaturated Fat 2.5g		Incl. 4g of Added Sugars	8%
Monounsaturated Fat 8g		Sugar Alcohol 0g	
Cholesterol 0mg	0%	Protein 5g	
Sodium 20mg	1%		
Vitamin D 0% • Calcium 4% • Iron 10% • Potassium 4%			

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Nutrition Notes: Includes 4g Added Sugars